



EXPEDITION CHECKLIST

You must take a signed hardcopy of this checklist with you on the expedition and hand it over to your expedition leader at the start of the expedition. Please make sure you have copies of all the paperwork specified below with you to hand over to your expedition leader. If you forget any paperwork or if you do not bring a signed hardcopy of this checklist with you, it may mean that you will not be allowed to participate fully or at all in the expedition (for example, if you do not have a copy of your driving license with you, you will not be allowed to drive on expeditions where driving is an option, or if you do not have a copy of your PADI medical statement with you, you will not be allowed to dive on the diving expeditions).

SECTION A: INFORMATION REQUIRED FROM EVERYONE ON ALL EXPEDITIONS

Your details

Full name

Expedition location

Start date (dd/mm/yy)

Details about your next of kin or person to be contacted in case of emergency

Name of next of kin or person to be contacted

Relationship of next of kin to person joining the expedition

Address (of next of kin)

Home tel. (of next of kin)

Work tel. (of next of kin)

Mobile (of next of kin)

E-mail (of next of kin)

Your travel insurance details

Please remember that it is compulsory that you are in possession of a suitable travel insurance policy that fully covers you for the adventurous activities detailed in your expedition dossier and provides cover for medical treatment and, if necessary, emergency medical repatriation. We have a number of partnerships with insurance companies around the world. Please see www.biosphere-expeditions.org/travelinsurance for details.

Please confirm that you have secured adequate insurance cover by giving details of your insurance policy

Insurance company

Their phone number

Policy number

Includes emergency medical repatriation totalling (state amount and currency)

About you (please also note that we ask questions about your skills and abilities purely so that we can make the best use of the team's skills and experience)

Can you swim 100 metres?

Do you exercise regularly (if yes, describe)?

Do you have any First Aid or medical qualifications?

Anything else you would like to bring to our attention

Relevant experience

Please give a brief outline of any experience you have, which you think may be relevant to the expedition. Please include driving or diving experience (whichever is relevant to your expedition).

SECTION B: INFORMATION REQUIRED FOR PARTICULAR EXPEDITIONS ONLY

Off-road and other driving on expedition. This applies only to expeditions where driving vehicles is an option (check your dossier). If you would like to drive on the expedition, then please complete the below, make a photocopy of your driving licence to give to the expedition leader and give a brief outline of your driving experience below. NOTE that some expeditions require an international driving licence (if so, this will be stated clearly in your dossier). If your expedition does, then please quote your international driving licence number here. If it does not, then enter your national licence details.

(International) driving licence number

Date of issue (dd/mm/yy)

Issuing authority

Please give a brief outline of your driving experience, especially off-road driving

SCUBA diving on expedition. When you arrive on the expedition, we will need you to complete the PADI medical statement (which is available via www.biosphere-expeditions.org/checklist) before you are allowed to dive. Have a look at this medical statement NOW and if your answer to any of the questions in the medical statement is yes, or if you are not sure, you will need to see a physician BEFORE coming on the expedition and get him or her to clear you for diving activities. IMPORTANT: Please realise that in order to be allowed to dive on the expedition you EITHER need to be able to answer no to ALL questions on the medical statement OR bring with you a fully completed PADI medical statement, signed by your physician and clearing you for diving. Failure to do one or the other of the above two will mean that you will not be allowed to dive! Please also note that there is no need to send us the medical statement before coming on the expedition. Just bring it along.

SECTION C: PAPERWORK TICK LIST

Please make sure you take a signed hardcopy of this checklist as well as copies of all the paperwork specified below with you to hand over to your expedition leader. If you forget any paperwork or if you do not bring a signed hardcopy of this checklist with you, it may mean that you will not be allowed to participate fully or at all in the expedition.

- signed hardcopy of this checklist
- passport with visa or national ID card (as required – check your expedition dossier for details)
- my (international) driving licence (where applicable – see driving section above for an explanation)
- copy of PADI medical statement, signed by physician if necessary (where applicable – see diving section above)

SECTION D: SIGNING ON THE DOTTED LINE

I confirm that I am aware that it is my own responsibility to make appropriate travel arrangements to ensure I arrive at the assembly point in time. I confirm that I am aware that it is also my own responsibility to apply for and bring with me all the paperwork as stated above and in the expedition dossier. I confirm that I understand that I must seek medical advice and arrange appropriate vaccinations for my participation in the expedition. I have read and accept the terms & conditions as provided in the expedition dossier and on www.biosphere-expeditions.org/terms. I have also read all the information material given to me about the expedition and I fully appreciate the risks inherent in real scientific research expedition work. To the best of my knowledge there are no reasons (medical or otherwise) why I should not participate in the expedition.

Signature

Date

REMINDER: PAYING YOUR EXPEDITION CONTRIBUTION BALANCE

Payment options are on www.biosphere-expeditions.org/paymentoptions. Please follow instructions on there to pay your balance.