

20 TIPS FOR 20 YEARS



Biosphere Expeditions was founded in 1999 and to celebrate its 20th anniversary has created these 20 tips for 20 years.

In our first 20 years, we were focused on citizen science and wildlife conservation.

We will continue with this focus, but this, we feel, is no longer enough. The undeniable crisis our planet is in demands more action and activism. It demands a radical rethink of how we run our lives, societies and the way we treat our planet.

Below are some tips on how - from the light green of what we should all do as a bare minimum, to the dark green rejection of neoliberalism and the fallacy of endless growth, to joining the revolution that is gathering pace as we speak.

Because sitting on our hands is simply not an option any more. We have a duty to act if we want to be able to look our grandchildren in the eyes. On our 20th anniversary, we joined the revolution and we are becoming more activist for the sake of our planet. Join us now!

BELOW IS JUST THE LIST OF OUR 20 TIPS

The full text with explanations, background, references and links is on www.biosphere-expeditions.org/20tips



Food - NO WASTE, less/no meat and regional/seasonal

1

SAVE energy



2



SAVE water

3

USE eco-friendly cleaning products in your house

4



USE eco-friendly hygiene products

5



Say **NO** to bottled water

6

DON'T use disposable tea/coffee cups



7



REDUCE the amount you print

8



RECYCLE more - check the domestic recycling system that you can use and use it well

9



CREATE biodiverse gardens

10

VISIT protected natural areas and join organisations that look after them



11

VOLUNTEER to support local people and organisations that look after the environment



12

SUPPORT conservation as an armchair citizen scientist



13

★★ CATEGORY 2 - GREEN

This category is a darker shade of green. It requires more of an effort, but not much more. It is really what we should all do. It is where changing unsustainable habits of a lifetime starts and where we can turn the tide, because many small actions can add up to a movement. Take these as your first steps towards what comes next: being dark green (see points 18-20). Because really, that's where we all need to be if our planet is to make it through its current crisis.

SUPPORT wildlife surveys via citizen science apps



14

Be more **ACTIVE** in local nature conservation



15

MAKE your holiday count



16

LEARN more about the crisis our planet is in so that you can instigate change and become an advocate for nature



17

★★★ CATEGORY 3 - DARK GREEN

The sixth extinction, climate breakdown and general crisis our planet is going through are serious, threatening nature and our lives as we know them today. So we must be serious too and this category demands commitment. And indeed, we need nothing short of a revolution if we are to come out of this intact as the human stewards of our planet. It may seem like a long shot now, but remember that things always seem unchangeable right up to the moment when a revolution starts and society flips from one state to the next. With this dark green category, you are putting yourself on the right side of history and you will have an answer when the next generation asks you what you did to prevent our planet from sliding into disaster.



ASSESS your carbon footprint and act

18

REJECT the destructive and disastrous ideologies of neoliberalism and continuous growth



19



JOIN THE REVOLUTION!

20